Webster Central School District Schroeder High School

Standing Orders and Protocol for Secondary School Overnight Field Trips for the following
Over-the-Counter Medication:
Acetaminophen, Ibuprofen, Diphenhydramine (i.e. Benadryl), Cough Drops/Throat Lozenges, Antacids

| September 1, 20 to June 30, 20 |
|--------------------------------|
|--------------------------------|

For the use of Volunteer Chaperones accompanying WCSD Students during Out-of-District overnight field trips for credit bearing classes to dispense Over-the-Counter medications listed below, which are provided by organization/group

- Acetaminophen for headache, pain, fever every 4-6 hrs as needed.
- Ibuprofen for headache, pain, fever, every 6-8 hrs as needed.
- Diphenhydramine (i.e. Benadryl) for motion sickness every 6-8 hrs as needed.
- Antacid tablets (i.e. Tums, Rolaids) for stomach upset 3-6 times daily as needed.
- Cough drops/throat lozenge (i.e. Halls Menthol Lyptus) for cough or sore throats every 2 hrs as needed.

| Drug Acetaminophen (headache, pain, fever) | Age 12-14 / 14 & over | Dose 500-650 mg 650mg | Frequency every 4 hrs not to exceed 4000 mg in 24 hrs every 4 hrs not to exceed 4000 mg in 24 hrs |
|--|-----------------------------|------------------------------|---|
| Ibuprofen (headache, pain fever) | 12-14 14 & over | 200-400 mg 200-600 mg | every 4-6 hrs not to exceed 2500 mg in 24hrs every 4-6 hrs not to exceed 3000 mg in 24 hrs |
| Diphenhydramine (Benadryl, Banophen) | 12 & over | 25-50 mg | every 6-8 hrs not to exceed 200mg in 24hrs |
| Antacid tabs (Tums, Rolaids) | 12 & over . | 500-750 mg | 3-6 times daily as needed for stomach upset |
| Cough drops/ Throat lozenge (i.e. Halls Menthol Lyptus) | 12 & over | 1 lozenge | every 2hrs as needed for cough or sore throat |

Documentation: Student name, date, time and dose of medication and outcome (whether the medication worked). Any student receiving the maximum daily dose of medication, parents must be contacted to notify them of the situation and for further instructions. Medication Log is to be given to the building nurse upon return.

Burton J. Kay, MD, Webster Central School District School Physician

| License # 093237 Signature | Date: |
|----------------------------|-------|
|----------------------------|-------|